

META SIZING CHART

MEASUREMENTS & SIZES

In order to find the perfect fit, we've provided some easy guidelines to follow. The charts below define our sizing. They do not refer to the actual measurements of the garments. The garment will be larger than the body measurements in order to provide for comfortable movement. If you have any questions about sizing, please call the customer service department at 1-855-348-6272.

MEASUREMENT GUIDELINES (to get the best fit, stand straight and relax)

Chest: Measure from the fullest part of the chest/bust with your arms down.

Waist: Measure around your natural waistline above the hips.

Hips: Measure around the fullest part of the hips.

Neck: Measure around the neck at the Adam's apple.

Inseam: Measure from the base of the crotch to the bottom end of your pants. Or select a pair of pants that fits you well and measure along the inside leg seam from the crotch to the bottom of the hem.

LADIES												
	XXS	XS	S	M	L	XL	2X	3X	4X	5X		
Size	0-2	4-6	8-10	12-14	16-18	20-40	42-44	46-48	50-52	54-56		
						20-20w	22w-24w	26w-28w	30w-32w	4w-36w		
Bust	31-32	33-34	35-36	37½-39	401/2-421/2	441/2-461/2	48½-50½	52½-54½	56½-58½	601/2-621/2		
Waist	22-23	24-25	26-27	281/2-30	31½-33½	35½-37½	39½-41½	431/2-451/2	471/2-491/2	51½-53½		
Hips	32½-33½	34½-35½	361/2-371/2	39-401/2	42-44	46-48	50-52	54-56	58-60	62-64		
MENS												
	XXS	XS	S	М	L	XL	2X	3X	4X	5X		
Chest	26-28	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64		
Waist	20-22	24-26	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58		
UNISE	X											
	XXS	XS	S	M	L	XL	2X	3X	4X	5X	6X	7X
Mens	26-28	30-32	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64	66-68	70-72
Ladies	0-2	4-6	8-10	12-14	16-18	20w	22w-24w	26w-28w	30w-32w	34w-36w	38w-40w	42w-44w